

## DIRECTORY OF TEAMS – SUFFOLK GIRLS LEAGUE 2009-2010

### **ACTON GIRLS**

**Hon Secretary;** Steve Power, Tel; 01787-377061.  
70 Lambert Drive, Acton, Sudbury CO10 0US.  
Email; app162@fsmail.net

**U-15 Manager;** Adam Rayner Tel; 01787-375849.  
9 Bantocks Road, Gt Waldingfield, Sudbury CO10.  
Email; adam.actongirlsfc@hotmail.com

Assistant Manager; Greg Ansell Tel; 01787-280107.  
Ground; Acton Playing Field. Usual KO Time; Afternoon.  
Directions; Behind Acton Crown pub, High Street, Acton. Colours; Purple.

### **BACTON UNITED 89**

**Hon Secretary;** Neil Hitter, Tel; 01449-780037.  
The Spinners, Cock Road, Cotton, Stowmarket  
Email; neilhitter@aol.com

**U-12 Manager;** Robbie Walker, Tel; 01379-788742/07547-119957.  
11 Broadfields Road, Gislingham,. Eye, Suffolk IP23 8HX.  
Email; walker473@sky.com

Assistant Manager; Rob Finbow Tel; 07707-589863.  
Ground; Gislingham Primary School IP23 8HX Usual KO Time; morning.  
Directions; From Ipswich; travel west along A14. Turn off at Haughley, carry on into Bacton,  
under bridge. Turn left at T-junction. After approx 1.5 miles, turn right into Gislingham Road and  
approx 2 miles into the village. Turn left into Broadfields Road, then left again for Gislingham  
Primary School. Colours; Red/green quarters, black shorts & socks.

**U-16 Manager;** Robbie Walker, Tel; 01379-788742/07547-119957.  
11 Broadfields Road, Gislingham,. Eye, Suffolk IP23 8HX.  
Email; walker473@sky.com

Ground; Cotton Village Hall IP14 4QN Usual KO Time; afternoon.  
Directions; From Ipswich; travel west along A14, turn off at Haughley, carry on into Bacton,  
under bridge. Turn left at T-junction 300 yards down road take first right to Cotton.Travel along  
for 300 yards to Cotton playing field, pitch is behind Village Hall. Colours; As U12 team.

### **BRANDON LASSES**

**Hon Secretary;** Gary Rampley, Tel; : 01366-328262/07716-188800.  
1 Vicarage Close, Foulden, Suffolk IP26 5AD  
Email; grampley@brandonladsandlasses.co.uk

**U-12 Manager;** Roger Field, Tel; 01842-813077/07769-944451.  
11 Heron Avenue, Brandon, IP27 0TD.  
Email; rfield@brandonladsandlasses.co.uk

Ground; Brandon Recreation Ground, Church Road, Brandon IP27 0JB  
Directions;  
From Thetford A11 bypass (6 miles to Brandon) Take the B1107 to Brandon, follow signs for  
Newmarket. At first set of traffic lights go straight over, at second turn right into Church Road.  
Approx. 150m along Church Road turn right into Brandon recreation ground and sports centre.  
From Bury B1106. Enter Brandon on the B1106 past entrance for Brandon country park and take  
the first left Rattlers road. Continue to the traffic lights, go straight over into church road. approx.  
150m along Church Road turn right into Brandon recreation ground and sports centre.  
Colours; Yellow shirt and socks, blue shorts. Usual KO Time; morning.

**U-15 Manager;** Dave Norton, Tel; 01842-814885/07763-195469.  
47 Seymour Avenue, Brandon, Suffolk IP27 0XB.  
Email; davidnortonbrickie@yahoo.co.uk

Assistant Manager; Steve Lynch Tel; tba.  
Ground; Breckland Middle School, Crown Street, Brandon IP27 0NJ Usual KO Time; TBA.  
Directions;

From Thetford A11 Bypass (6 miles to Brandon) Take the B1107 to Brandon, follow signs for Newmarket. Continue through 2 set of traffic lights past Tesco and approx ½ mile turn right ( just after speed camera) Crown Street. Breckland School is approx 100y on the left. Park in front of the school' the field is at the back of the school access around the right hand side of the school.

From Bury B1106 Enter Brandon on the B1106 past entrance for Brandon country park and take the first left Rattlers road . Continue to the traffic lights turn left past Tesco. approx ½ mile turn right ( just after speed camera) Crown Street. Breckland School is approx 100y on the left. Park in front of the school' the field is at the back of the school access around the right hand side of the school.  
Colours; Yellow shirt and socks, blue shorts.

### **BRANTHAM ATHLETIC**

**Hon Secretary;** John Nunn Tel. No. 01473-720450  
110 Colchester Road, Ipswich, IP4 4RX  
Email; john@johnnunn.com

**U-16 Manager;** Trevor Fagg Tel. No. 01394-450147/07852-113801  
Tangham Lodge, Tangham, Woodbridge, Suffolk, IP12 3NL  
Email; t.fagg@bloomberg.net

Ground; Brantham Leisure Centre, New Village, Brantham, Manningtree, Essex, CO11 1RZ  
Directions from the A12: Turn off the A12 heading towards East Bergholt, stay on the B1070 through East Bergholt and go straight across the roundabout with the A137. Turn left immediately at the T-junction and follow this road around the sharp curve to the right and turn right immediately before the Village Hall. Follow this road around the sharp left hand turn and the Social Club and the car park are on the right.

Directions from the A137: Travelling south from Ipswich on the A137 turn left at the roundabout with the B1070 East Bergholt Road, turn left immediately at the T-junction and follow this road around the sharp curve to the right and turn right immediately before the Village Hall. Follow this road around the sharp left hand turn and the Social Club and the car park are on the right.

Usual KO Time; morning. Colours; All blue. Change; All white.

### **BURY TOWN YOUTH**

**Hon Secretary;** Garry Barker, Tel;01284-706252.  
12 Ely Close, Bury St Edmunds IP33 2NA.  
Email; gawbarker@btinternet.com

**U-16 Manager;** Jayne Bailey, Tel;01284-762501/07789-843300.  
25 Fallowfield Walk, Bury St Edmunds IP33 2QS.  
Email; baileyjane23@yahoo.co.uk

Ground; Hardwick Middle School, Bury St Edmunds Usual KO Time; afternoon.  
Directions; TBA Colours; Blue and red.

### **COPLESTON SPORTS COLLEGE**

**Hon Secretary;** Lorraine Gissing Tel; 07919-190680.  
33 Newton Road, Ipswich  
Email; lorrainegissing42@msn.com

**U-11 Manager;** Daryl Gunn Tel; 01473-401350/ 07944-792609.  
17 Roy Avenue, Ipswich  
Email; kayliegunn@hotmail.co.uk

Assistant Manager; Brian Knight Tel; 01473-719095/ 07500-100428.

Ground; Copleston Sports College, Ipswich Usual KO Time; morning.  
Directions; Enter School via Foxhall Road, Ipswich entrance, opposite St. Clements Hospital. If approaching via A14, take the Nacton exit & head towards St Augustines Church/roundabout, then towards the Hospital along Bixley Road. Bear left at the roundabout with Foxhall Road. The School is approx 200 yards further on the right. Colours; Sky blue/navy/navy.

**U-12 Manager;** Jonny Coulthard Tel; 01473-710464/ 07828-043433.  
170 Britannia Road, Ipswich, IP4 5HA  
Email; jonathan.coulthard1@ntlworld.com

Assistant Manager; William Coulthard Tel; 01473- 710464.  
Ground; Copleston Sports College, Ipswich Usual KO Time; morning.  
Directions; As for U11 team above. Colours; Sky blue/navy/navy.

**U-13 Manager;** Paul Cantin Tel; 01473-712494/ 07764-280355.  
24 Princethorpe Road, Ipswich IP3 8NY  
Email; pfcantin@talktalk.net

Assistant Manager; Paul Ryan Tel; 01473- 402858/ 07887-646756.  
Ground; Copleston Sports College, Ipswich Usual KO Time; morning.  
Directions; As for U11 team above. Colours; Sky blue/navy/navy.

**U-14 Manager;** Neil Greene, Tel; 01473-714754/ 07914-607538.  
799 Woodbridge Road, Ipswich IP4 4NN  
Email; neil\_greene2001@yahoo.com

Assistant Manager; Frank Newbigging. Tel; 01473- 832314/ 07711-216795.  
Ground; Copleston Sports College, Ipswich Usual KO Time; afternoon.  
Directions; As for U11 team above. Colours; Sky blue/navy/navy.

**U-15 Manager;** Carl Berriman Tel; 01473-712164/07791-358832.  
10 Trafalgar Close, Ipswich IP4 5NS  
Email; carl@berriman.wanadoo.co.uk

Assistant Manager; Matthew Steward Tel; 01473-720950/ 07710-010865.  
Ground; Copleston Sports College, Ipswich Usual KO Time; morning.  
Directions; As for U11 team above. Colours; Sky blue/navy/navy.

**U-16 Manager;** Chris Louis Tel; 01473-270760/07899-983860.  
The Spinney, 858 Foxhall Road, Ipswich, IP4 5TP  
Email; chrislouisracing@virginmedia.com

Assistant Manager; Colin Steward Tel; 01473-717397.  
Ground; Copleston Sports College, Ipswich Usual KO Time; afternoon.  
Directions; As for U11 team above. Colours; Sky blue/navy/navy.

## **CORNARD DYNAMOS**

**Hon Secretary;** Karen Wicks Tel: 01787-378995/07896-234359  
9 Kersey Avenue, Gt Cornard, Sudbury Suffolk  
Email; kaz@athletic.freeserve.co.uk

**U-12 Manager;** Greg Pink, Tel; 01787-883215/07903-010287.  
9 Meadow View Road, Sudbury CO10 7NU  
Email; pinkies95@btinternet.com

Assistant Manager; Tracy Pink Tel: 07877-897952.  
Ground; Blackhouse Lane, Cornard Usual KO Time; afternoon.  
Directions; TBA Colours; Red & Black stripes.

**U-13 Manager;** Mark Clutterbuck, Tel; 01787-376358.  
10 The Hawthorns, Turner Close, Sudbury CO10 1PP.  
Email; mark.clutterbuck@sky.com  
Ground; Blackhouse Lane, Cornard Usual KO Time; afternoon.  
Directions; TBA Colours; Red & Black stripes.

**U-16 Manager;** Colin Smart, Tel; 01787-372323.  
34 Canham Road, Gt Cornard, Sudbury.  
Assistant Manager; Kevin Galvin, Tel; 01787-311562.  
Ground; Blackhouse Lane, Cornard Usual KO Time; afternoon.  
Directions; TBA Colours; Red & Black stripes.

#### **DEBENHAM LEISURE CENTRE YOUTH**

**Hon Secretary;** Gary French, Tel; 01728-860907.  
12 Lock Close, Debenham, Stowmarket IP14 6RS.  
**U-13 Manager;** Barry Elliott Tel; 01728-860741/07963-237043.  
Snowdrop Cottage, Eye Road, Kenton, Debenham IP14 6JW  
Email; angela.elliott@homecall.co.uk  
Assistant Manager; Nigel French. Tel; 01728-860918/07828-183879.  
Ground; Bedfield Sports Club Usual KO Time; morning.  
Directions; TBA. Colours; Yellow shirts, Black shorts.

**U-15 Manager;** Andy Swinyard, Tel; 01449-770821.  
17 Gowle Road, Stowmarket IP14 1NT.  
Email; a.swinyard@sky.com  
Ground; Bedfield Sports Club Usual KO Time; morning.  
Directions; TBA. Colours; Yellow shirts, Black shorts.

#### **EAST BERGHOLT UNITED**

**Hon Secretary;** Dean Smith, Tel; 01206-299157/07780-587938.  
9 Elm Estate, East Bergholt CO7 6SH  
Email; anji157@aol.com  
**U-13 Manager;** As Secretary.  
Ground; Gandish Road, East Bergholt. Usual KO Time; morning.  
Directions; TBA. Colours; TBA

#### **FELIXSTOWE HAWKS**

**Hon Secretary;** Heather Armstrong, Tel; 01394-215585.  
128 Grange Road, Felixstowe IP11 2PX.  
Email; ward.james1@ntlworld.com  
**U-12 Manager;** Scott Crane, Tel; 07533-545299.  
34 Butley Road, Felixstowe IP11 2NY.  
Email; crane123@hotmail.com  
Ground; Seaton Road, Felixstowe. Usual KO Time; morning.  
Directions; TBA. Colours; Azure & Black.

**U-14 Manager;** Ward James, Tel; 01394-215585/07906-604027.  
128 Grange Road, Felixstowe IP11 2PX.  
Email; ward.james1@ntlworld.com  
Ground; Seaton Road, Felixstowe. Usual KO Time; afternoon.  
Directions; TBA. Colours; Azure & Black.

## **FELIXSTOWE & WALTON UNITED**

**Hon Secretary;** Rachael Long, Tel; 01394-279266/07794-771883.  
28 Tomline Road, Felixstowe IP11 7QP  
Email; rachael.long1@btinternet.com

**U-16 Manager;** Sarah Shinnie, Tel; 07908-110707.  
23 Peterhouse Crescent, Woodbridge IP12 4HZ  
Email; sarah.shinnie@suffolkcoastal.gov.uk

Ground; Dellwood Avenue, Felixstowe, IP11 9HT. Usual KO Time; morning.  
Directions; Follow A14 to Felixstowe, at first roundabout take first exit – A154 towards Town Centre. At next roundabout, take 1st exit and on to another roundabout. Take 4<sup>th</sup> exit (Beatrice Avenue), then 1<sup>st</sup> left into Dellwood Avenue – entrance to ground is 300 yards on left.  
Colours; Red/white striped shirts, red shorts and socks.

## **IPSWICH VALLEY RANGERS**

**Hon Secretary;** Andrew Howes, Tel; 01473-438767.  
37 Foden Avenue, Town End Fields, Ipswich IP1 5PL.  
Email; andyrhowes@yahoo.co.uk

**U-11 Manager;** Alison Last, Tel; 07939-364643.  
334 Bramford Road, Ipswich.  
Email; alisonlast@hotmail.co.uk

Assistant Manager; Paul Eliston Tel; 07760-262454.  
Ground; Greshams Sports & Social Club, Tuddenham Road, Ipswich Directions; TBA.  
Usual KO Time; afternoon. Colours; Blue & White hooped shirts, blue shorts and socks.

## **LAWSHALL LIONS**

**Hon Secretary;** Ian Copping, Tel; 01284-828918/07963-957998.  
School House, The Street, Lawshall, Bury St Edmunds IP29 4QA.  
Email; ikajc@tiscali.co.uk

**U-12 Manager;** As secretary  
Assistant Manager; Nigel Schofield Tel; 07792-472839.  
Ground; Shimpling Road, Lawshall. Usual KO Time; afternoon.  
Directions; TBA. Colours; Gold.

## **LITTLE OAKLEY GIRLS**

**Hon Secretary;** Dennis Pay, Tel; 01255-886265/07852-406278.  
47 Oak Ridge, Lt Oakley, Harwich, Essex CO12 5LL  
Email; dennis.valerie@talktalk.net

**U-13 Manager;** Bill Stone, Tel; 01255-886954.  
Address; 54 Mayes Lane,  
Email; billstone@tiscali.co.uk

Assistant Manager; Lucie Stone Tel; 07766-553566.  
Ground; Mayflower School, Little Oakley . Usual KO Time; morning.  
Directions; The easiest way in now is to take the 3rd exit at the Ramsey roundabout, B1352 (Church Hill), and go up the hill past the church on your left hand side. Carry straight on for about 1 mile when you will come to a parade of shops after which there is a diversion sign sending you right (past a small war memorial) along Fronks Road (B1414). Carry on along Fronks Road for about 1/4 mile and take a left turn along Highfield Avenue. Go to the T-junction at the end of Highfield Avenue and turn right onto Main Road, and Mayflower School is about 200 yds along on your left past a BP fuel station. Colours; Blue & White.

**U-15 Manager;** David Firth Tel; 01255-554470.  
Address; 93 Long Meadows, Dovercourt, Essex CO12 4UL.  
Email; dffirth@aol.com  
Assistant Manager; Sarah Bailey Tel; TBA.  
Ground; Mayflower School, Little Oakley Usual KO Time; morning.  
Directions; TBA. Colours; Yellow & Blue.

### **NEEDHAM MARKET PHOENIX**

**Hon Secretary;** Sharon O'Donnell, Tel; 01449-673023.  
64 Spencer Way, Stowmarket IP14 1UQ.  
Email; sharon.odonnell@suffolkfa.com  
**U-15 Manager;** Kevin O'Donnell, Tel; 07748-907762.  
64 Spencer Way, Stowmarket IP14 1UQ.  
Ground; Crowley Park, Needham Market. Usual KO Time; TBA.  
Directions; TBA. Colours; Red & Black.

### **SIZEWELL & KNODISHALL**

**Hon Secretary;** Jon Hunnisett, Tel; 01728-832359/07879-690839.  
Honeymill, The Fitches, Knodishall, Saxmundham IP17 1UX.  
Email; jon@hunnimill-systems.com  
**U-12 Manager;** Sam Cloke, Tel; 01728-635001/07736-332246.  
37 King Georges Avenue, Leiston IP16 4JX.  
Email; samcloke@aol.com  
Assistant Manager; Lee Newson Tel; 07828-149655.  
Ground; Sizewell Sports & Social Club. Usual KO Time; afternoon.  
Directions; TBA. Colours; Sky Blue.  
**U-14 Manager;** Louise Marie Morphew, Tel; 01728-688906/07963-375514.  
14 Stanhope Close, Snape, Saxmundham IP17 1RH.  
Email; ianmorphew@hotmail.co.uk  
Assistant Manager; Zoe Batho Tel; 07804-969038.  
Ground; Sizewell Sports & Social Club. Usual KO Time; morning.  
Directions; TBA. Colours; Sky Blue.

### **STOWUPLAND FALCONS**

**Hon Secretary;** Anita Taylor, Tel; 01449-675314/07880-624164.  
7 Masefield Road, Stowmarket IP14 1TH.  
Email; anitaanntaylor@msn.com  
**U-12 Manager;** Shelley Heath, Tel; 07872-961229.  
21 Combs Wood Drive, Stowmarket IP14.  
Email; shelliebabie@hotmail.co.uk  
Ground; Stowupland Village Hall IP14 4BQ Usual KO Time; TBA  
Directions; A14 to the B1120 turn-off to Stowupland. Go into Stowupland, past the Shell garage,  
past the pub (The Crown), then next turning on the left. Colours; Blue & Yellow.  
**U-14 Manager;** Rob Pattison, Tel; 07919-108747.  
132-134 High Street, Needham Market IP6 8DW  
Email; rnd@olnk.co.uk  
Ground; Stowupland Village Hall IP14 4BQ Usual KO Time; TBA  
Directions; As U12 team. Colours; Blue & Yellow.

**U-16 Manager;** Mick Cane, Tel; 01449-771450.  
101 Hill Rise, Stowmarket IP14 5AH.  
Ground; Stowupland Village Hall IP14 4BQ Usual KO Time; TBA  
Directions; As U12 team. Colours; Blue & Yellow.

### **TRIMLEY RED DEVILS**

**Hon Secretary;** Kerry Avery  
Email: kerryavery@sky.com  
**U-11 Manager;** Lucy Elmes Tel; 07816-232292  
Email: lucyelmes23@hotmail.com  
**Assistant Manager;** Jo Hazelton Tel; 07735-428902.  
Email: jo.hazelton@btinternet.com  
Ground; Stennets Playing Field, Trimley St Mary Usual KO Time; TBA  
Directions; TBA. Colours; Red & Black..

### **WALSHAM-LE-WILLOWS**

**Hon Secretary;** Alan Marshall, Tel; 01638-713665.  
Manor End, Freckenham Road, Worlington IP28 8SN  
Email: alanwmarshall@googlemail.com  
**U-16 Manager;** Roy Smith Tel; 01359-259695/07535-046946.  
Corner Cottage, Badwell Ash, Bury St Edmunds  
Ground; Sumner Road, Walsham-Le-Willows Usual KO Time; TBA  
Directions; TBA. Colours; Pink and Black.

### **WAVENEY GIRLS**

**Hon Secretary;** David Beecher Tel: 01502-562674  
63 Dorley Dale, Carlton Colville, NR33 8US  
Email: david.beecher@btopenworld.com  
**U-15 Manager;** Stephan Teicher, Tel; 01502-584900/07885-138231.  
3 Plovers Way, Lowestoft NR33 8PW.  
Email; stephanwyfc@aol.com  
**Assistant Manager;** Keith Cotterill, Tel; 01502-582551/07940-700503.  
Ground; Barnards Meadow, Lowestoft NR32 2HF or Denes High School, Lowestoft NR32 4AH.  
Usual KO Time; TBA. Directions; cf www.wyfc.co.uk  
Colours; Gold/black striped shirts & socks, black shorts.

### **WHITTON UNITED**

**Hon Secretary;** Tracey Last, Tel; 01473-412595/07878-066282.  
108 Defoe Road, Ipswich.  
Email; tracey.last@btinternet.com  
**U-15 Manager;** Monica Eagle, Tel; 07747-023919.  
138 Ashcroft Road, Ipswich  
Email; monicaeagle@hotmail.com  
Ground; King George V Playing Field, Old Norwich Road, Ipswich IP1 6LE.  
Directions; ASDA turn off A14, signs to Ipswich. Past ground on your left, turn left at lights and  
again just past entrance to old Tooks bakery. Colours; Green and White.  
Usual KO Time; midday

### **WITNESHAM WASPS**

Hon Secretary; Colin Richards, Tel; 01473-890012/07808-989396.  
11 Newlands, Otley, Ipswich IP6 9NY.  
Email; colin.richards14@btinternet.com

**U-11 Manager;** Darren Oxbrow Tel: 01473-724588/07766-082507  
33 Westbury Road, Ipswich IP4 4RF  
Email; oxbrow@btinternet.com.

Assistant Manager; Glyn Thomas, Tel; 01473-657570.  
Ground; Witnesham Playing Field Usual KO Time; afternoon.  
Directions; TBA. Colours; Yellow/back stripes.

**U-12 Manager;** William Dickin Tel: 01473-216108  
93 Harvey Street, Ipswich IP4 2ET  
Email; flo-flo@tiscali.co.uk.

Ground; Witnesham Playing Field Usual KO Time; afternoon.  
Directions; TBA. Colours; Yellow/back stripes.

**U-13 Manager;** Graeme Bock Tel: 01473-890795/07895-073547  
Four Winds, The Green, Ashbocking, Ipswich IP6 9JT  
Email; thebrocks1@btopenworld.com.

Ground; Witnesham Playing Field Usual KO Time; afternoon.  
Directions; TBA. Colours; Yellow/back stripes.

**U-16 Manager;** Colin Richards, Tel; 01473-890012/07808-989396.  
Address & email; as secretary.

Assistant Manager; Alan Fairhead. Tel; 01473-286859.  
Ground, Directions & Colours; as for U-13 team. Usual KO Time; morning.